



## LANAP FOLLOW UP APPOINTMENTS AND COSTINGS

Outlined below is the review structure for your proposed LANAP treatment. It is crucial to attend these review appointments to ensure that your treatment results are maintained and avoid a periodontal disease relapse. The total cost is \$1,225.00 for the initial six month period.

### FIRST REVIEW – 2 WEEKS AFTER TREATMENT

Date Scheduled \_\_\_\_\_

012	Oral examination - limited	\$64.00
111	Removal of plaque and/or stain	\$86.00
	<b>Appointment Total</b>	<b>\$150.00</b>

The reason for this appointment is to review your initial response, make sure the healing is progressing as per usual, check the bite if required and make sure you are now suitable to return to everyday foods and oral hygiene habits, particularly brushing. We use the airflow device (higher pressure warm water and special cleaning powders) to clean your teeth after not brushing and remove any potential staining from the mouth wash. We don't remove everything as the emphasis is on the crown (white) part of the teeth and leaving the gums alone as much as possible still.

### SECOND REVIEW – 1 MONTH AFTER TREATMENT

Date Scheduled \_\_\_\_\_

251	Supportive periodontal therapy - per appointment	\$230.00
012	Periodic Oral Examination	\$64.00
121	Topical application of remineralisation or cariostatic agents	\$36.00
	<b>Appointment Total</b>	<b>\$330.00</b>

This is a far more in-depth review and clean. By now, we will have had the bulk of the soft tissue healing. The gums should be looking healthy, and almost all of the signs of inflammation should have diminished. We use the full GBT protocol to remove all staining and start cleaning gently in the gums and around the problematic areas like the furcations and grooves. If any other vital dental work needs to be done, we will indicate when it can be done.

### 3 MONTH REVIEW

Date Scheduled \_\_\_\_\_

251	Supportive periodontal therapy - per appointment	\$230.00
012	Periodic Oral Examination	\$64.00
121	Topical application of remineralisation or cariostatic agents	\$36.00
	<b>Appointment Total</b>	<b>\$330.00</b>

This is the standard review date for any form of therapy. We will do a comprehensive check and look at your plaque levels and how well you have maintained your teeth. This appointment is also when we can frequently give a much more accurate prognosis on teeth in terms of surviving vs potential management otherwise. We will use the special plaque disclosing agent to show if or where the plaque is accumulating to give you the target areas to focus on in the future. Any more elective work can now be considered. The emphasis will be on improving your home care.



## 6 MONTH REVIEW

Date Scheduled \_\_\_\_\_

251	Supportive periodontal therapy - per appointment	\$230.00
012	Periodic oral examination	\$64.00
221	Clinical periodontal analysis and recording	\$85.00
121	Topical application of remineralisation and/or cariostatic agents	\$36.00
	<b>Appointment Total</b>	<b>\$415.00</b>

This appointment is a big day! Today we will do a comprehensive exam, full periodontal chart and compare it to your initial baseline measurements. We will also once again complete a full GBT protocol with emphasis on the plaque levels and how well you have been evolving your cleaning, particularly in between the teeth. The appointment is critical as this is where decisions are made with regards to your long term care. We will aim to move you as quickly as possible to the "shared Care Protocol". The Shared Care Protocol" consists of seeing your dentist and one of the clinicians at ProactivePerio on alternative visits. We usually start with your dentist in 3 months and the Proactive Perio team at the 6month timepoint.

### Supportive Periodontal Therapy Appointments

After your 6 month review, Dr Barker will discuss your requirement for ongoing supportive care. He may recommend that you return for supportive periodontal therapy (SPT) visits at intervals specific to your individual needs. The standard fees for SPT appointments are outlined below. This appointment is the same comprehensive appointment as at the 6 months time point where we examine, chart and clean your teeth to make sure you maintain your gums and teeth and try to stop any further recurrence of disease or loss of bone and teeth.

251	Supportive periodontal therapy - per appointment	\$230.00
012	Periodic oral examination	\$64.00
221	Clinical periodontal analysis and recording	\$85.00
121	Topical application of remineralisation and/or cariostatic agents	\$36.00
	<b>Appointment Total</b>	<b>\$415.00</b>

If you have private health insurance, you are welcome to contact your health fund and quote the item numbers listed in this document. They will be able to inform you of your exact rebate and out of the pocket expense. We cannot advise how much you may receive as it differs based on your fund and cover level. It is best to talk to them about it before treatment.

If you have any further questions, please do not hesitate to ask Dr Barker or any staff members.

Kind Regards,

**The Team at Proactive Perio**