



## LANAP FOLLOW UP APPOINTMENT LETTER FOR GENERAL DENTIST

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This is a follow-up letter regarding the post-operative care for a patient who has had LANAP surgery as they will be seeing you for the recovery period as per their circumstances

### Step 1:

At two weeks post LANAP, please do a prophylactic clean only. Concentrate on the supragingival areas to remove the stain accumulated from the chlorhexidine mouthwash requested. After this appointment, the patient is to return to their regular diet and oral hygiene routine.

### Step 2:

At four weeks post LANAP, a general check-up and clean without direct intrusion into the intrasulcular area is indicated. We use guided biofilm therapy protocol as a point of reference. The aim is to maintain minimal plaque and calculus levels. A Review of oral hygiene is also completed

### Step 3:

At three months post LANAP, please carry out a general check-up and clean with a specific focus on monitoring the plaque and calculus levels. Use of a disclosing solution is strongly recommended.

### Step 4:

At six months post LANAP. A complete check-up, clean, and full periodontal chart should be carried out to assess therapy's response. From here, if you can please forward this information to me as soon as possible, I will try to determine what steps should occur next

If the patient does return to me for any post-operative care, I will let you know.

For any other information, please feel free to contact the practice. We will try and contact someone directly via phone as soon as possible.

In the interim, though, if you have any questions, please email us as appropriate. Thank you for the kind referral.

Yours faithfully,

**Dr Christopher Barker**

**Specialist Treatment.**  
Individual Care.

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